

Item	Details
Date	
Days	Three
Time	10:00 AM – 4:00 PM
Lunch Break	1:00 PM – 2:00 PM

Acrylic – 3-Day Lesson Plan

Overview:

- FIRST IMPRESSIONS
- UNIVERSAL SANITATION
- WHAT IS A CHEMICAL
- MATERIAL SAFETY DATA SHEETS
- PERSONAL PROTECTION
- ANATOMY AND PHYSIOLOGY
- THE SCIENCE
- LET'S BUILD

Day ONE: 10:00 AM – 10:30 AM | Welcome & Introduction

- Meet and greet
- Overview of the day's objectives
- Icebreaker activity or short discussion:
- Brief intro to Acrylics: What it is and why it's essential

10:30 AM – 11:15 AM | Theory Session: WHAT IS A CHEMICAL

- Definition of a chemical
- Overexposure
- Ventilation
- Storage and disposal

Materials Needed: Slides and handouts

11:15 AM – 12:30 PM | Demo: Step-by-Step Technique

- Material safety data sheets
- Personal protection

1:00 PM – 2:00 PM | Lunch Break

Encourage students to network and share experiences.

2:00 PM – 3:30 PM | ANATOMY & PHYSIOLOGY

- The skin
- Food, form, function
- The nail unit

Materials Needed: Nail kits, buffers, gels/acrylics, models

3:30 PM – 4:00 PM | THE SCIENCE

- Service consultations
- The acrylics
- Structure of acrylic (liquid & powder)
- Adhesion
- Liquid and powder systems

DAY TWO

10:00 AM – 11:30 AM | PRACTICAL/ LET'S BUILD

- Welcome/ Overview
- Prep

Materials Needed: Nail kits, buffers, gels/acrylics, models

11:30 AM – 1:00 PM | LET'S BUILD

- Application
 - Step by step
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1:00 PM – 2:00 PM | Lunch Break

2:00 PM – 4:00 PM | LET'S BUILD

- Refining – files and buffers

DAY THREE

10:00 PM – 1:00 PM | PRACTICAL

- Welcome/ Overview
- Rebalancing
- Aftercare

1:00 PM – 2:00 PM | Lunch Break

2:00 PM – 4:00 PM | PRACTICAL

- One hand
 - Finishing
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